

Kids’ ski length chart

Child height	Beginner	Confident	Pole
100 cm	70–80 cm	80–90 cm	70 cm
110 cm	80–90 cm	90–100 cm	75 cm
120 cm	90–100 cm	100–110 cm	85 cm
130 cm	100–110 cm	110–120 cm	90 cm
140 cm	110–120 cm	120–130 cm	95 cm
150 cm	120–130 cm	130–140 cm	105 cm

Young beginners often ski without poles.